

Regional Women's Strength & Conditioning Coach (Women's Regional Structure)

Job Ref: REQ211276

As part of the University's ongoing commitment to redeployment, please note that this vacancy may be withdrawn at any stage of the recruitment process if a suitable redeployee is identified.

Background

The successful candidate will deliver comprehensive physical preparation programmes, based on sound strength and conditioning principles to support the development of both senior and academy athletes. Ideally, the candidate will have experience working in a team environment with elite/high performance teams. Previous experience working in cricket is not essential.

The role does require extended hours and can include weekends and bank holidays. There may be requirement to attend overseas tours during the off-season.

Lightning Cricket is committed to safeguarding and protecting the children and young people that we work with. As such, all posts are subject to a safer recruitment process, including the disclosure of criminal records and vetting checks. We ensure that we have a range of policies and procedures in place which promote safeguarding and safer working practice across our services.

Job Purpose

Reporting to the Regional Women's Physiotherapist / Regional Director of Women's Cricket, the successful candidate will be a key member of the Science & Medicine team, leading the planning and implementation of strength and conditioning services across the Senior and Academy squads. They will shape and implement their delivery to ensure both performance impact to the Senior team and the long-term athletic development of Academy players.

The successful candidate will work within a wider Science & Medicine team including the sports doctor and physiotherapist, to prepare the Senior and Academy squads for domestic women's 50-over and T20 competitions.

Job Description

Job Grade: Operational Services Grade 5

KEY TASKS:

- Lead the delivery of all areas of physical preparation for Senior and Academy players. Including programme design and delivery, nutrition and any other day to day tasks as directed by the Head Coach.
- Collect, analyse, interpret and share workload data as appropriate with players and coaches.
- Complete regular player profiling in line with ECB protocols to inform programme design and subsequently share with relevant parties.
- Work collaboratively with the physiotherapist to deliver injury prevention and rehabilitation programmes.

- Work with coaches and support staff to deliver an interdisciplinary approach to performance development.
- Provide player education sessions in order to support athletic development and contribute to the long-term success of the club and pathway.
- Liaise with the ECB's S&C Coach regarding support and management for England Women's Pathway players at the Regional Host.
- Within the rules of professional confidentiality liaise with athletes, parents, coaches and other support staff as appropriate.
- Undertake appropriate professional development to keep abreast of world's best practice and current evidence-based research.

General Requirements

- To promote adherence to ethical guidelines and regulations with regard to drugs and doping in sport, in line with UK Anti-Doping (UKAD) guidelines and the Loughborough University 'Clean Sport' commitment.
- Actively work to promote Loughborough University sport and cricket at Loughborough.
- Actively work to promote the ECB Inspiring Generations and the Transform Women's and Girl's Action Plan
- Undertake additional duties as requested by your line manager from time to time.

Points To Note

The purpose of this job description is to indicate the general level of duties and responsibility of the post. The detailed duties may vary from time to time without changing the general character or level of responsibility entailed.

Special Conditions

It will be necessary, on occasions, to work outside normal working hours including some work in the evenings, weekends and on Bank Holidays and University Closure Days.

The post holder may be required to provide a satisfactory disclosure statement (see <http://www.homeoffice.gov.uk/agencies-public-bodies/dbs/>) for more details.

All staff have a statutory responsibility to take reasonable care of themselves, others and the environment and to prevent harm by their acts or omissions. All staff are therefore required to adhere to the University's Health, Safety and Environmental Policy & Procedures.

All staff should hold a duty and commitment to observing the University's Equality & Diversity policy and procedures at all times. Duties must be carried out in accordance with relevant Equality & Diversity legislation and University policies/procedures.

Successful completion of probation will be dependent on attendance at the University's mandatory courses which include Respecting Diversity and, where appropriate, Recruitment and Selection.

Organisational Responsibility

Directly reports to the Regional Director of Women's Cricket.

Working Relationships:

- Regional Director of Women's Cricket
- Regional Women's Senior Team Head Coach
- Regional Women's Senior Talent Manager
- Regional Women's Physiotherapist
- Regional Women's Sports Doctor
- The Hundred – Medical Staff (all teams)
- ECB Head of Sport Science and Medicine – Women's Cricket

Person Specification

Your application will be reviewed against the essential and desirable criteria listed below. Applicants are strongly advised to explicitly state and evidence how they meet each of the essential (and desirable) criteria in their application. Stages of assessment are as follows:

- 1 – Application
- 2 – Test/Assessment Centre/Presentation
- 3 – Interview

Essential Criteria

Area	Criteria	Stage
Experience	Experience working with athletes (2 years minimum)	1, 3
Skills & abilities	Ability to motivate, support and influence individuals and organisations	1, 2, 3
	Excellent communication and inter-personal skills, both written and verbal	1, 3
	A positive attitude with initiative, focus and drive	1, 3
	Patience with an orderly approach to problem solving	1,2, 3
	Ability to work independently and effectively under pressure	1, 2, 3
	Ability to work within a team and contribute to the overall success of the team.	1, 3
	Ability to interact effectively with all departments and personnel at the Regional host.	1, 3
	Passionate to be part of the development of women's cricket	3
Qualifications	Sports Science/S&C Degree minimum 2:1	1
	UKSCA Accreditation (or ability to achieve within 6 months)	1
	Up to date first aid qualification	1
Other	Adherence to the Loughborough University 'Clean Sport' Commitment Statement.	1,3
	Full UK Driving Licence	1, 3
	Flexibility and willingness to work irregular hours as necessary.	3
	To observe the University's Equal Opportunities policy at all times.	1,3
	Due to the postholder working with children, an enhanced Disclosure and Barring Service (DBS) check will be undertaken before the postholder joins the University at the expense of the University.	1,3
	Attended, or committed to attending the safeguarding & protecting children course within the first 2 months of appointment.	1,3

Desirable Criteria

	A postgraduate qualification in sports science or strength and conditioning	1, 3
	ISAK Level 1 Accreditation	1
	Experience working in cricket	1, 3

Conditions of Service

The position is offered on a full-time fixed term contract until 31 January 2023 in the first instance. Salary will be on Operational Services grade 5 £25,627 to £24,871 per annum. Subject to an annual pay award. Starting salary will be confirmed on offer of appointment.

The appointment will be subject to the University's normal Terms and Conditions of Employment for grades 6 and above staff, details of which can be found [here](#).

The University is committed to enabling staff to maintain a healthy work-home balance and has a number of family-friendly policies which are available at <http://www.lboro.ac.uk/services/hr/a-z/family-leave-policy-and-procedure---page.html>.

We also offer an on-campus nursery with subsidised places, subsidised places at local holiday clubs and a childcare voucher scheme (further details are available at: <http://www.lboro.ac.uk/services/hr/a-z/childcare-information---page.html>)

In addition, the University is supportive, wherever possible, of flexible working arrangements. We also strive to create a culture that supports equality and celebrates diversity throughout the campus. The University holds a Bronze Athena SWAN award which recognises the importance of support for women at all stages of their academic career. For further information on Athena SWAN see <http://www.lboro.ac.uk/services/hr/athena-swan/>

