

## Sports Rehabilitator/ Therapist (NFL Academy)

Job Ref: REQ250800

**As part of the University's ongoing commitment to redeployment, please note that this vacancy may be withdrawn at any stage of the recruitment process if a suitable redeployee is identified.**

### Job Description

**Job Grade:** Operational Services Grade 4 **Part time (0.72 FTE, 27 hours per week)**

#### Job Purpose

The Sports Rehabilitator/ Therapist will support the NFL Academy within the following areas; pitch side cover for matches and training, triage sessions, strapping, prehab sessions, individual clinic treatment time, injury surveillance, close liaison with coaching staff and direct links with the sporting inter-disciplinary team (IDT), working under the supervision of the Lead NFL Academy Physiotherapist.

These specific roles are focused for delivery supporting student athletes on the American Football programme, the student athletes will be aged 16-19yrs old.

#### Job Duties

- To provide a comprehensive rehabilitation service to the NFL Academy other partners/ athletes as required.
- To work closely with the Lead NFL Academy Physiotherapist in the development of applied and proactive medical service.
- To work in conjunction with other professional to ensure the strict adherence to medical/patient confidentiality & appropriate record keeping in line with Clinic policy and procedures.
- To work as part of an inter-disciplinary team providing support to the NFL Academy
- To provide emergency pitch side support, in line with Emergency Action Plan (EAP) alongside with the Lead NFL Academy Physiotherapist.
- To keep up to date with continuing professional development within appropriate areas of clinical expertise as directed by the Lead NFL Academy Physiotherapist.

To undertake any other appropriate duties as appropriate to the role, requested by the Lead

All staff have a statutory responsibility to take reasonable care of themselves, others and the environment and to prevent harm by their acts or omissions. All staff are therefore required to adhere to the University's Health, Safety and Environmental Policy & Procedures.

The postholder will be required to provide a satisfactory disclosure statement (see <http://www.homeoffice.gov.uk/agencies-public-bodies/dbs/>) for more details.

All staff should hold a duty and commitment to observing University's Equity, Diversity and Inclusion policies at all times. Duties must be carried out in accordance with relevant Equality & Diversity legislation and University policies/procedures.

Successful completion of probation will be dependent on attendance at the University's mandatory courses which include Belonging and Inclusion and, where appropriate, Recruitment and Selection.

### **Disclosure and Barring Service Check**

This post is subject to the Rehabilitation of Offenders Act (Exceptions Order) 1975 and as such it will be necessary for a submission for Disclosure to be made to the Disclosure and Barring Service (formerly known as CRB) to check for any previous criminal convictions.

### **Organisational Responsibility**

Reports to the Lead NFL Academy Physiotherapist

## Person Specification

Your application will be reviewed against the essential and desirable criteria listed below. Applicants are strongly advised to explicitly state and evidence how they meet each of the essential (and desirable) criteria in their application. Stages of assessment are as follows:

1 – Application

2 – Test/Assessment Centre/Presentation

3 – Interview

### Essential Criteria

Area	Criteria	Stage
Experience	Experience in the assessment and treatment of musculoskeletal conditions, sports injuries and orthopaedics.	1, 2, 3
	Experience in a sports related setting providing physiotherapy/ sports rehabilitation to athletes.	1, 3
	Experience of working within a multi-disciplinary team environment	1, 3
Skills and abilities	Good organisation and time management skills and ability to organise and prioritise own caseload.	1, 3
	Excellent communication and interpersonal skills.	1, 2, 3
	Ability to work under pressure and organise and prioritise own caseload.	1,3
	Ability to communicate fluently in English.	1, 2, 3
	Ability to demonstrate up to date knowledge of physiotherapy/sports rehabilitation in a sporting environment.	1,3
Training	Commitment to ongoing professional development.	1, 3
Qualifications	Member of Professional governing body E.G. BASRAT, Sports Therapy Society	1
	Trauma Management course e.g. PHICIS or ATMMIF.	1
Other	An understanding of the needs of elite athletes and coaches in a high performance environment.	1, 2, 3
	A commitment to ongoing professional development.	1, 3
	Willingness to work irregular hours as necessary.	1, 3
	A commitment to safe working practices.	1, 3
	An understanding, acceptance, and adherence to the need for strict medical/patient confidentiality.	1, 3
	Knowledge and understanding of Equity, Diversity and Inclusion Policies	1, 3



## Desirable Criteria

Area	Criteria	Stage
Experience	Experience of dealing with national performance programmes for national governing bodies of sport.	1, 2, 3
	Experience of travelling with a team to national/international competition or training camps.	1, 3
Qualifications	Degree in Sports Rehabilitation /Sports Therapy	1, 3
Skills and abilities	Computer Literate	1, 3
	Competent in treatment techniques such as sports massage and strapping etc.	1, 2, 3

## Conditions of Service

The post is offered on a part time 0.72 FTE fixed term contract from 5<sup>th</sup> January 2026 to 1<sup>st</sup> July 2027. Extension will be subject to funding by the NFL.

Salary will be on [Operational Services Grade 4](#), at a starting salary to be confirmed on offer of appointment.

The appointment will be subject to the University's normal Terms and Conditions of Employment for grades 1 to 5 staff, details of which can be found [here](#).

The University is committed to enabling staff to maintain a healthy work-home balance and has a number of family-friendly policies which are available at <http://www.lboro.ac.uk/services/hr/a-z/family-leave-policy-and-procedure---page.html> .

We also offer an on-campus nursery with subsidised places, subsidised places at local holiday clubs and a childcare voucher scheme (further details are available at: <http://www.lboro.ac.uk/services/hr/a-z/childcare-information---page.html>

In addition, the University is supportive, wherever possible, of flexible working arrangements.

We also strive to create a culture that supports equity and celebrates diversity and inclusion throughout the campus. The University holds a Bronze Athena SWAN award which recognises the importance of support for women at all stages of their academic career. For further information on Athena SWAN see <http://www.lboro.ac.uk/services/hr/athena-swan/>